Day 1

**Pomodoro 1: Section 3 Hypothesis**

1. **~~Section 3: Reminder of Thesis Hypothesis~~**
2. **~~Section 3.1: Paper 1 Driven Question~~**
3. **~~Section 3.2:Paper 2&3 Driven Question~~**
4. **~~Section 3.3:Paper 4 Driven Question~~**

**Pomodoro 2: Section 4: Thesis Work Progress**

1. **~~Section 4.1: B1T1 Paper~~**
2. **~~Section 4.2: B1qMT Paper~~**
3. **Section 4.3: Analytical B1qMT Paper**
4. **~~Section 4.4: Fast qMT Sequence~~**

**Pomodoro 3: Section 5: Upcoming Research Plans**

1. **~~Section 5.1: First Thesis Paper~~**
2. **~~Section 5.2: Second Thesis Paper~~**
3. **~~Section 5.3: Third Thesis Paper~~**
4. **~~Section 5.4: Last Thesis Paper~~**

**Pomodoro 4: Section 6: Timeline for Completion of Thesis**

1. **~~Section 6.1: December2014-February2015~~**
2. **~~Section 6.2: March 2015-April 2015~~**
3. **~~Section 6.3: May 2015-September2015~~**
4. **~~Section 6.4: October 2015-December2015~~**

Day 2

**Pomodoro 1: Section 7: PhD Publications and Conference Proceedings**

1. **~~Section 7.1: Published Manuscripts~~**
2. **~~Section 7.2: Submitted Manuscripts~~**
3. **~~Section 7.3: Manuscripts in Progress~~**
4. **~~Section 7.4: Proposed Manuscripts~~**

**Pomodoro 2: Section 7: …Cont., Section 8 Thesis Draft Outline**

1. **~~Section 7.5: Conference Presentations~~**
2. **~~Section 7.6: Submitted Conference Abstracts~~**
3. **~~Section 8.1: Chapter 1 Introduction~~**
4. **~~Section 8.2: Chapter 2 Background~~**

**Pomodoro 3: Section 8: Thesis Draft Outline**

1. **~~Section 8.3: First Article~~**
2. **~~Section 8.4: Second Article~~**
3. **~~Section 8.5: Third Thesis Paper~~**
4. **~~Section 8.6: Last Thesis Paper~~**

**Pomodoro 4: Section 8 Thesis Draft Outline, Section 1 Intro and Objectives, Section 2 Background**

1. **~~Section 8.7: Conclusion~~**
2. **~~Section 1 Intro and Objectives~~**
3. **~~Section 2.1 MS~~**
4. **~~Section 2.2 MRI~~**

Day 3

**Pomodoro 1: Section 2: Background**

1. **~~Section 2.3: qMRI~~**
2. **~~Section 2.4: MT~~**
3. **~~Section 2.5: CS~~**
4. **~~Appendix A~~**

**~~Pomodoro 2: Figure Captions~~**

1. **~~Figures 1-3~~**
2. **~~Figures 4-6~~**
3. **~~Figures 7-8~~**
4. **~~Figures 10, 11~~**

**Pomodoro 3: Figure Captions**

1. **~~Figure 9~~**
2. **~~Figure 12~~**
3. **~~Figures 13~~**
4. **~~Figures 14~~**